

# RACE ANALYSIS



## 400 Metres Women - Semi-Finals

First 1 of each heat (Q) plus 4 fastest times (q) qualify to Final

Heat 1

4

20 March 2026 19:41 START TIME

PLACE	BIB	NAME	DATE of BIRTH	RESULT				
	<b>1</b>	<b>100 m</b>	<b>2</b>	<b>200 m</b>	<b>3</b>	<b>300 m</b>		
<b>1</b>	554	<b>Lurdes Gloria MANUEL</b>	CZE	12 Jul 05	<b>50.96</b>	<b>PB</b>		
<b>1</b>	12.01	<b>2</b>	11.58	<b>3</b>	12.63	14.74		
	12.01 (2)		<b>23.59</b> (1)		<b>36.22</b> (1)			
<b>2</b>	676	<b>Mercy Adongo OKETCH</b>	KEN	30 Jul 02	<b>51.90</b>			
<b>1</b>	11.98	<b>2</b>	11.92	<b>3</b>	13.05	14.95		
	<b>11.98</b> (1)		23.90 (2)		36.95 (2)			
<b>3</b>	809	<b>Bailey LEAR</b>	USA	17 Mar 01	<b>52.07</b>			
<b>1</b>	12.12	<b>2</b>	11.87	<b>3</b>	13.18	14.90		
	12.12 (3)		23.99 (3)		37.17 (3)			
	782	<b>Emma ZAPLETALOVÁ</b>	SVK	24 Mar 00	<b>DNS</b>			

